



StepWatch™ Dock and Software v3.4 Installation Instructions

Attention: StepWatch™ software version 3.4 supports the following operating systems:

- Microsoft Windows Vista, Windows 7, Windows 8+
- Apple OS X 10.7+

Older operating systems are supported by StepWatch™ software version 3.1b which is available on the USB drive shipped with the StepWatch™ dock and on the modus website at modushealth.com/support

Read the instructions for your operating system completely before using the StepWatch™. Do not start the software without first installing the StepWatch™ dock.

INSTALLATION INSTRUCTIONS FOR WINDOWS 7+

Automatically Installing the StepWatch™ Dock and Driver

Attention: Automatic dock driver installation requires the computer to be connected to the Internet.

1. Using the enclosed USB cable, plug the dock into a USB port on the computer.
2. Your PC will recognize that a new USB device has been plugged in and will display a message stating *"Found New Hardware StepWatch Dock"*.
3. The Windows *"Found New Hardware Wizard"* should launch (you may need to click the "Found New Hardware" message to open the wizard). It will ask you to choose either connecting to Windows Update to search for new software or to install software manually. **Choose the option for Windows Update then click "Next".**
4. Your computer will search Windows Update for the StepWatch™ Dock driver. This may take several minutes. When the driver has been located, the driver will be installed automatically. After a brief pause you should receive a message indicating that your new hardware is installed and ready to use. Click *"Finish"*.
5. After a moment, a **second** installation will occur very similar to the first to install a virtual port called "USB Serial Port". The Windows *"Found New Hardware Wizard"* should launch again (you may need to click the "Found New Hardware" message to open the wizard). It may ask you to choose either connecting to Windows Update to search for new software or to install software manually. **Choose the option for Windows Update then click "Next".**
6. Your computer will search Windows Update for the USB Serial Port driver. This may take several minutes. When the driver has been located, the driver will be installed automatically. After a brief pause you should receive a message indicating that your new hardware is installed and ready to use. Click *"Finish"*.
7. Wait one minute, then unplug the dock from the computer for 10 seconds then plug it in again. The blue light on the dock will illuminate and then vary in intensity when correctly detected by the computer.

Manually Installing the StepWatch™ Dock and Driver

Manual StepWatch™ Dock driver installation will be necessary if the computer does not have an Internet connection or in certain enterprise situations where driver installations are forbidden by security policy. **In the case of security policy restrictions, it is preferable to request IT assistance to install the StepWatch™ dock driver via the automatic method detailed above instead of manually installing the driver.** We highly encourage contacting your IT support to assist with a manual driver installation.

1. A Windows driver package has been provided with the StepWatch™ 3.4 software. "StepWatchDockDriver_Win_20600.zip". Extract this package on your computer.
2. Using the enclosed USB cable, plug the dock into a USB port on the computer.
3. Your PC will recognize that a new USB device has been plugged in and will display a message stating *"Found New Hardware StepWatch Dock"*.
4. The Windows *"Found New Hardware Wizard"* should launch (you may need to click the "Found New Hardware" message to open the wizard). Depending on if the computer is connected to the Internet, it may ask you to choose either connecting to Windows Update to search for new software or to install software manually.
Choose the option for install manually then click "Next".
5. Choose to install the driver from a specific location, and then browse to the folder on your computer where the driver package was extracted in step 1. Select the folder and continue. The necessary files used to communicate with the StepWatch™ dock are copied. Click *"Finish"*.
6. After a moment, a **second** installation will occur very similar to the first to install a virtual port called "USB Serial Port". The Windows *"Found New Hardware Wizard"* should launch again (you may need to click the "Found New Hardware" message to open the wizard). It may ask you to choose either connecting to Windows Update to search for new software or to install software manually.
Choose the option for install manually then click "Next".
7. Choose to install the driver from a specific location, and then browse to the folder on your computer where the driver package was extracted in step 1. Select the folder and continue. The necessary files used to communicate with the USB Serial Port are copied. Click *"Finish"*.
8. Wait one minute, then unplug the dock from the computer for 10 seconds then plug it in again. The blue light on the dock will illuminate and then vary in intensity when correctly detected by the computer.

Running the StepWatch™ Software

Attention: The StepWatch™ dock is not required to use the StepWatch™ software. If you intend to use the StepWatch™ dock, **DO NOT** run the StepWatch™ software without first installing the dock.

The StepWatch™ software is a standalone executable, meaning it does not need to be "installed". It will run in any directory on the computer or from the USB drive included with the StepWatch™ dock. You are encouraged to copy the "StepWatch" folder from the USB drive or from the location where you've downloaded it into a permanent location on your computer. **DO NOT** move the StepWatch.exe from the StepWatch folder where it's support

files are located in the “Resources” and “StepWatch Libs” folders.

1. Start the software by double clicking on StepWatch.exe inside the StepWatch folder.
2. Read the license agreement and if accepted, enter the organization or entity using the software into the following dialog window.
3. The StepWatch™ software will display a message indicating the dock was found and the software is ready, and the green light on the dock should illuminate. If the software displays a message that the dock was not found, click the message window to dismiss it and perform the following:

Choose “Preferences” from the Tools menu and then click on the “Communications” tab. Click the “Set to Default Values” button, followed by pulling down the “Connect to StepWatch dock via” menu and selecting the entry for “StepWatch Dock”. Then click the “Done” button. The green light on the StepWatch™ dock should now be illuminated.

You are ready to use the StepWatch™ dock and software. If the dock is still not detected, contact modus technical support.

Attention: Never plug in or unplug the dock while the StepWatch™ software is running. Always close the software before plugging in or unplugging the dock.

INSTALLATION INSTRUCTIONS FOR APPLE OS X

Installing the StepWatch™ Dock and Driver

1. An OS X driver package has been provided with the StepWatch™ 3.4 software. “StepWatchDockDriver_OSX_Intel_2218.zip”. Double-click this file to extract the driver installation software “StepWatchDockDriver_OSX_Intel_2218.mpkg” into the same directory.
2. Double-click the driver installation software “StepWatchDockDriver_OSX_Intel_2218.mpkg” to run the installation. Follow the installation routine until the driver has been installed.
3. **Restart your computer.**
4. Using the enclosed USB cable, plug the dock into a USB port on the computer. The blue light on the dock will illuminate and then vary in intensity when correctly detected by the computer.

Running the StepWatch™ Software

Attention: The StepWatch™ dock is not required to use the StepWatch™ software. If you intend to use the StepWatch™ dock, **DO NOT** run the StepWatch™ software without first installing the dock.

The StepWatch™ software is a standalone app package, meaning it does not need to be “installed”. It will run in any directory on the computer or from the USB drive included with the StepWatch™ dock. You are encouraged to copy the StepWatch.app package from the USB drive or from the location where you’ve downloaded it into the Applications directory on your computer.

1. Start the software by double clicking on StepWatch.app.

Note: On some computers, you may receive a warning about running an app from an unidentified developer. If you receive this warning, click “OK” to close the warning. Then, *right-click* on StepWatch.app and left-click on “Open” (as opposed to double clicking on the icon to open it). This will present a similar warning notifying you that the app is not from an identified developer, but unlike the standard warning there is now an “Open” button that will allow you to launch the app. OS X should remember this approval going forward.

2. Read the license agreement and if accepted, enter the organization or entity using the software into the following dialog window.

3. The StepWatch™ software will display a message indicating the dock was found and the software is ready, and the green light on the dock should illuminate. If the software displays a message that the dock was not found, click the message window to dismiss it and perform the following:

Choose “Preferences” from the StepWatch menu and then click on the “Communications” tab. Click the “Set to Default Values” button, followed by pulling down the “Connect to StepWatch dock via” menu and selecting the entry for “usbserial-NNNNNN”. Then click the “Done” button. The green light on the StepWatch™ dock should now be illuminated.

You are ready to use the StepWatch™ dock and software. If the dock is still not detected, contact modus technical support.

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For assistance with using your StepWatch™ in practice: research@modushealth.com